

Arizona's Ten Major Content Areas in Health Education Seven Articulated to the Halle Heart Children's Museum 2nd Grade Curriculum

CONTENT AREA	DESCRIPTION	HALLE HEART CHILDREN'S MUSEUM EXHIBIT
1. Community Health	Includes such topics as individual responsibility; healthful school, home and community environments; community health resources and facilities; official and nonofficial health agencies; health service careers; pollution control; community involvement; current issues; and trends in medical career.	Stay on Course The Marketplace The 9-1-1 Action Theater The Kitchen Café Max's Magical Delivery The Beat Goes On Follow Your Heart
2. Consumer Health	Addresses health care resources i.e., knowing what is available and how to be an educated consumer.	Stay on Course The Marketplace The 9-1-1 Action Theater The Kitchen Café Max's Magical Delivery The Beat Goes On Follow Your Heart
5. Injury Prevention and Safety	Includes learning first aid and emergency health care and addresses the prevention of unintentional injuries	The 9-1-1 Action Theater
7. Nutrition	Addresses a balanced diet, food preparation, reading and understanding food labels, differences in nutritional needs for pregnant women, and more	The Marketplace The Kitchen Café Max's Magical Delivery
8. Personal Health	Includes physical fitness and lifetime activities, cardiovascular health, sleep, rest, relaxation, recreation, growth and development, oral health, vision and hearing, body systems and their functions, aging, personal wellness plans, and positive health habits and choices	Stay on Course The Marketplace The 9-1-1 Action Theater The Kitchen Café Max's Magical Delivery The Beat Goes On Follow Your Heart
9. Prevention and Control of Disease	Addresses heart disease, stroke, diabetes, cancer, HIV/AIDS and others	Stay on Course The Marketplace The 9-1-1 Action Theater The Kitchen Café Max's Magical Delivery The Beat Goes On Follow Your Heart
10. Substance Use and Abuse	Refers to the use and misuse of tobacco, alcohol, and other drugs and often includes topics such as positive decision-making, individual responsibility, substances beneficial to mankind, the classification of substances and their effects on the body, and the formation of habits and their influence	Stay on Course

**Arizona Science Standards
Articulated to the Halle Heart Children's Museum
2nd Grade Curriculum**

Strand 3: Science in Personal and Social Perspectives.

CONCEPTS	PERFORMANCE OBJECTIVE DESCRIPTION	HALLE HEART CHILDREN'S MUSEUM EXHIBIT
<p>2: Science and Technology in Society. Students will understand the impact of technology.</p>	<p>PO 1: Analyze how various technologies impact aspects of people's lives (e.g. entertainment, medicine, transportation, communication)</p>	<p>9-1-1 Action Theater</p>

Strand 4: Life Sciences.

CONCEPTS	PERFORMANCE OBJECTIVE DESCRIPTION	HALLE HEART CHILDREN'S MUSEUM EXHIBIT
<p>1: Characteristics of Organisms. Students will understand that basic structures in plants and animals serve a function.</p>	<p>PO 1. Identify animal structures that serve different functions (e.g. sensory, defense, locomotion)</p> <p>PO 2: Identify the following major parts of</p> <ul style="list-style-type: none"> • the digestive system • respiratory system <p><u>circulatory system – heart, arteries, veins, blood</u></p> <p>PO 3: Describe the basic functions of the following systems:</p> <ul style="list-style-type: none"> • digestive • respiratory <p><u>circulatory – transport of nutrients and oxygen throughout the body</u></p>	<p>All Creatures Great and Small</p> <p>Follow Your Heart</p>

**Articulated to the Halle Heart Children's Museum
2nd Grade Curriculum
Grades 1 - 3**

Standard 1: Students comprehend concepts related to health promotion and disease prevention.

CONCEPTS	PERFORMANCE OBJECTIVE DESCRIPTION	HALLE HEART CHILDREN'S MUSEUM EXHIBIT
1CH-F1. Describe relationships between personal health behavior (e.g., sleep, diet, fitness and personal hygiene) and individual well-being	PO 1: Explain positive effects of a balanced, healthy lifestyle (e.g. being alert, rested, energetic, healthy) PO 2: Explain importance of personal health-promoting behaviors (e.g. covering sneezes and coughs, proper hand washing, adequate sleep, healthy diet, physical activity)	The Beat Goes On The Marketplace Max's Magical Delivery
1CH-F3: Describe the basic structure and functions of human body systems	PO 1: Identify the parts of the digestive and circulatory system PO 2: Describe the functions of the digestive and circulatory system	All Creatures Great and Small Follow Your Heart
1CH-F4: Describe how heredity, family life, and individual lifestyle affect personal health	PO 1. Explain how hereditary traits are passed on from parents to children (e.g., high blood pressure, diabetes, poor eyesight) PO 2: Explain how eating/activity habits affect lifestyle	The Marketplace Max's Magical Delivery
1CH-F6: Identify health problems that should be detected and treated early and the reasons why	PO 1: Describe health problems and early detection PO 2: Describe the benefits of early treatment	9-1-1 Action Theater

Standard 2: Students demonstrate the ability to access accurate health information.

CONCEPTS	PERFORMANCE OBJECTIVE DESCRIPTION	HALLE HEART CHILDREN'S MUSEUM EXHIBIT
2CH-F2. Demonstrate the ability to locate resources from home, school and community that provide accurate health information	PO 1. Describe health/emergency agencies that provide services (e.g., community health agencies, schools, poison control centers, Web sites)	9-1-1 Action Theater
2CH-F3: Explain how media influences the selection and use of health information, products and services	PO 1: Describe how advertisement affects choices PO 2: Identify ways media (movies) influence health decisions	Stay On Course
2CH-F4. Demonstrate the ability to locate home and school health helpers	PO 1. Convey how to access appropriate health/emergency services	9-1-1 Action Theater
2CH-F5. Locate and describe the roles of resources (health workers and organizations) from the school and community	PO 2. Identify resources (e.g., parents, health department, fire department)	9-1-1 Action Theater

2CH-F7. Identify how and when to seek emergency medical assistance and shelter	PO 1: Demonstrate how to contact parents and/or emergency services in emergency situations PO 2: Recall emergency numbers	9-1-1 Action Theater
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Standard 3: Students demonstrate the ability to practice health-enhancing behaviors and reduce health risks.

CONCEPTS	PERFORMANCE OBJECTIVE DESCRIPTION	HALLE HEART CHILDREN'S MUSEUM EXHIBIT
3CH-F1. Identify responsible health behaviors and compare them to risky/harmful behaviors (e.g., responsible: tooth brushing, exercise, sleep, nutrition; risky: the use of tobacco, alcohol and other drugs)	PO 1. Discuss responsible health behavior vs. risky or harmful behaviors	Stay on Course
3CH-F2. Identify personal health needs and strategies to maintain or improve one's well-being	PO 1. Discuss good health habits PO 2. Discuss ways to promote and maintain good health habits	Stay on Course The Marketplace Kitchen Café Max's Magical Delivery The Beat Goes On Follow Your Heart
3CH-F5. Demonstrate first aid procedures and appropriate responses to common emergencies in the home, school and community	PO 2. Determine correct response in case of accident or sudden illness	9-1-1 Action Theater

Standard 4: (Foundations, Grades 1-3): Students analyze the influence of culture, media, technology, and other factors on health.

CONCEPTS	PERFORMANCE OBJECTIVE DESCRIPTION	HALLE HEART CHILDREN'S MUSEUM EXHIBIT
4CH-F1: Describe personal health behaviors (e.g. nutrition, exercise) in a variety of cultures	PO 1: Demonstrate awareness of individual and ethnic variation of food choices and exercise	The Beat Goes On
4CH-F2: Explain how the media influence health behaviors	PO 1. Describe how advertising influences health behavior PO 2. Describe how movies and cartoons influence health behavior	Stay on Course
4CH-F3: Describe ways technology can influence personal health	PO 1: Explain how technology has influenced personal health (911 system, x-rays, blood pressure cuffs, thermometers)	9-1-1 Action Theater
4CH-F4. Explain how information from school and family influences health	Same as concept	The Kitchen

Standard 6: Students demonstrate the ability to use goal setting and decision-making skills to enhance health.

CONCEPTS	PERFORMANCE OBJECTIVE DESCRIPTION	HALLE HEART CHILDREN'S MUSEUM EXHIBIT
6CH-F1. Apply a sound decision-making process to resolve health issues and problems	PO 1. Explain positive strategies to resolve problems PO 2. Describe positive strategies to resolve health issues PO 3. Demonstrate positive decision-making to resolve a health issue or problem	9-1-1 Action Theater

6CH-F2. Explain the effects of personal health care choices	PO 1. Identify the effects of personal health choices (positive and negative)	Stay on Course Max's Magical Delivery Follow Your Heart
6CH-F3. Set a personal health goal and track progress toward its achievement	PO 1. List a personal health goal	Max's Magical Delivery

Standard 7: Students demonstrate the ability to advocate for personal, family and community health.

CONCEPTS	PERFORMANCE OBJECTIVE DESCRIPTION	HALLE HEART CHILDREN'S MUSEUM EXHIBIT
7CH-F1. Describe a variety of methods to convey accurate health information and ideas	Same as concept	Stay on Course
7CH-F2. Collect information about health issues	PO 1. State health issues (safety, personal care, disease prevention, substance abuse prevention, nutrition, emotional and family life)	Stay on Course The Marketplace 9-1-1 Action Theater Kitchen Café Max's Magical Delivery The Beat Goes On Follow Your Heart
7CH-F3. List a variety of ways to support others in making positive health choices (e.g., exercising, making healthy food choices, hand washing)	Same as concept	The Kitchen Cafe

**Arizona Physical Activity Standards Foundations
Articulated to the Halle Heart Children's Museum
Grades 1 - 3
2nd Grade Curriculum**

Standard 2: Students comprehend basic physical activity principles and concepts that enable them to make decisions, solve problems and to become self-directed lifelong learners who are informed physical activity consumers.

CONCEPTS	PERFORMANCE OBJECTIVE DESCRIPTION	HALLE HEART CHILDREN'S MUSEUM EXHIBIT
2PA-F1. Identify several activities related to each component of health-related physical fitness	PO 1. Identify the components of health-related physical fitness (i.e., cardio-respiratory endurance, muscular strength, muscular endurance, flexibility, body composition) PO 2. Identify and demonstrate several activities related to each component of physical fitness	The Beat Goes On
2PA-F3. Demonstrate how to perform physical fitness tests	PO 1. Demonstrate correct form when performing physical fitness activities	The Beat Goes On

Standard 3: Students exhibit a physically active lifestyle.

3PA-F2. Identify the benefits derived from regular physical activity	PO 1. Describe health benefits that result from regular and appropriate participation in physical activity PO 2. Identify benefits of at least one activity they regularly participate in	The Beat Goes On
3PA-F3. Identify several moderate to vigorous physical activities that provide personal pleasure	Same as concept	The Beat Goes On

Standard 7: Students develop behavioral skills (self-management skills) essential to maintaining a physically active lifestyle

7PA-F2. Associate results of fitness testing to personal health status and ability to perform various activities	Same as concept	The Beat Goes On
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